

the cliff club

\$ Credit cards accepted

Recreation Schedule June 9 - 13, 2025

Monday		Tuesday		Wednesday	
8:00 - 10:30	Morning Hike	9:00 - 11:30	Canyon Clean-up	8:00 - 11:00	Morning Hike
9:00 - 10:30	Yoga	8:15 - 9:00	Managing Stress & Meditation	8:15 - 9:00	Self Defense for Beg. (Wildflower) Pool
10:00 - 11:00	Pool Exercise	10:00 - 11:00	Pool Exercise	9:00 - 11:00	Exercise
11:15 - 11:45	Coloring & Storytelling 5-12 Years	12:30 - 1:30	Yoga	10:00 - 12:00	Learn to Paint 14 & Up \$ (Wildflower)
11:30 - 12:30	Beginning Cribbage	1:00 - 2:00	Make Your Own Snowbird Backpack \$	11:00 - 12:15	Yoga
1:00 - 1:45	Bingo	2:00 - 3:00	Pickle-ball	12:30 - 1:15	Energy Jewelry
2:00 - 2:45	Bingo	3:00 - 4:00	Cribbage	1:00 - 2:00	Golf (no clubs necessary)
3:00 - 3:45	Bingo	3:00 - 4:00	Calligraphy for Beginners	2:00 - 2:30	Make Your Own Snowbird Cards-\$
4:00 - 5:00	Five Crowns	4:00 - 5:00	Introduction to fine Chocolates	2:00 - 2:30	Little Pieces of Snowbird \$
				2:00 - 3:00	Relaxation & Coloring 14 & Up
				3:00 - 4:00	Knots & Fun 10 & Up (game room)
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		Friday	Mayning Like		
8:00 - 11:00	Morning Hike	Friday 8:00 - 12:00	Morning Hike		
8:00 - 11:00 8:15 - 9:00	Morning Hike Managing Stress & Meditation		Morning Hike		
8:00 - 11:00 8:15 - 9:00 9:30 - 10:30	Morning Hike Managing Stress & Meditation Crochet		Morning Hike		
8:00 - 11:00 8:15 - 9:00 9:30 - 10:30 10:00 - 11:00	Morning Hike Managing Stress & Meditation Crochet Pool Exercise		Morning Hike		
Thursda 8:00 - 11:00 8:15 - 9:00 9:30 - 10:30 10:00 - 11:00 11:00 - 11:45	Morning Hike Managing Stress & Meditation Crochet Pool Exercise Kids Games 5-12 Years Movie		Morning Hike		
8:00 - 11:00 8:15 - 9:00 9:30 - 10:30 10:00 - 11:00 11:00 - 11:45 11:30 - 1:30	Morning Hike Managing Stress & Meditation Crochet Pool Exercise Kids Games 5-12 Years Movie Movie for 17 & Up	8:00 - 12:00			
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8:00 - 11:00 8:15 - 9:00 9:30 - 10:30 10:00 - 11:00 11:00 - 11:45 11:30 - 1:30 12:00 - 1:00 12:00 - 1:00 1:00 - 2:00	Morning Hike Managing Stress & Meditation Crochet Pool Exercise Kids Games 5-12 Years Movie Movie for 17 & Up Pickleball Take & Make 9-12 Years \$ Chicken Foot	8:00 - 12:00 Sunday	<i>'</i>	QR code	scanning the QR code. More info & meeting locations are located on the back of this sheet.
8:00 - 11:00 8:15 - 9:00 9:30 - 10:30 10:00 - 11:00 11:00 - 11:45 11:30 - 1:30 12:00 - 1:00	Morning Hike Managing Stress & Meditation Crochet Pool Exercise Kids Games 5-12 Years Movie Movie for 17 & Up Pickleball Take & Make 9-12 Years \$	8:00 - 12:00 Sunday	LDS Church Service	QR code will be available	scanning the QR code. More info & meeting locations

Classes fill up fast. Please sign up in advance for activities by using the QR code. All activities are hosted at the Iron Blosam Lodge.

The Owners Recreation Team is committed to providing safe & fun activities. Reservations are required for all activities.

Hikes

Hikes are weather dependent. Wear sunscreen and appropriate shoes or boots and bring water.

PLEASE NOTE: You must drive yourself to the trailhead if the hike does not start from the lodge.

Morning Hike or Snowshoeing

Come on a beautiful morning hike with us.

Afternoon Hike

For ages 11 & up.

Annual Little Cottonwood Canyon Clean-Up

For ages 14 & up. Clean up the canyon, get lunch & a t-shirt. Meet in the Iron Blosam Lobby.

Children's Activities

Coloring Snowbird & Story Time

Come color things you might find at Snowbird. Meet at the Board Room, Level 4, Iron Blosam Lodge.

Kids' Hike

Come on a beautiful morning hike with us.

Friendship Bracelets \$2

For ages 8 & up. Make a bracelet & meet a friend. Meet at the Wildflower, Level 3, Iron Blosam Lodge.

Take & Make \$2

Come grab a project and take it to your room, or stay and make it with us! Meet at the Wildflower, Level 3, Iron Blosam Lodge.

Games in the Wildflower

Cribbage

Come play and/or learn to play cribbage. Limited to 10 people. Meet at the Wildflower, Level 3, Iron Blosam Lodge.

Knots & Fun

For ages 10 & up. Using paracord, learn different knots and how to tie them. Meet in the Wildflower, Level 3, Iron Blosam Lodge.

Aerodynamics for Everyone

Making flying things. Meet in the Wildflower, Level 3, Iron Blosam Lodge.

UNO

It's not what you think. Come play a variation on the fun card game. Meet in the Board Room on Level 4. Iron Blosam Lodge.

Golf

Leave your clubs at home. Limited to 10 people. Meet at the Wildflower, Level 3, Iron Blosam Lodge.

Five Crowns

An intriguing card game. Meet at the Wildflower, Level 3, Iron Blosam Lodge.

Bingo

A longtime favorite. Spots are limited, sign up early! You may only sign up for 1 session and you must show up with your confirmation number. You may only sign up for your room occupancy and only for your room. Yes, we know what room you are calling from. Meet at the Wildflower, Level 3, Iron Blosam Lodge.

Movie

PG-13 and 17+ rated films . Meet in the Board Room, Level 4, Iron Blosam Lodge. See schedule on other side.

Relaxation & Exercise

Yoga

Stretch and relax. Meet at the Wildflower, Level 3, Iron Blosam Lodge.

Crochet

Come learn to crochet or come and crochet your own project. Meet in the Iron Blosam Lobby.

Managing Stress & Meditation

Learn some techniques to help cope with daily life as well as help manage stress. Limit 10 people. Meet at the Wildflower, Level 3, Iron Blosam Lodge.

Pool Exercise

For ages 18 & up. Music with water exercise. Meet at the West Pool, Level 3, Iron Blosam Lodge.

Relaxation Coloring for Adults

For ages 14 & up. Color beautiful pictures in vibrant colors. Limited to 10 people. Meet at the Board Room, Level 4, Iron Blosam Lodge.

Outdoor Games & Activities

Scavenger Hunt

Meet in the Iron Blosam Lobby. Bring your smartphone and go find the pictures.

Flora & Fauna

Take a short walk around the lodge to identify the flora and fauna. Meet in front of Iron Blosam Lodge.

Geology

Take a short hike to see some of the geologic features nearby. Meet in front of Iron Blosam Lodge.

Pickleball

Meet us at the Tennis Courts.

Volleyball

Meet at the West Pool, Level 3, Iron Blosam Lodge.

Classes

Easy Ribbon Making

Make festive ribbons for festive gifts. Meet at the Wildflower, Level 3, Iron Blosam Lodge.

Calligraphy

For ages 14 & up. Learn & write this ancient art. Meet in the Board Room, Level 4, Iron Blosam Lodge

Introduction to Fine Chocolate

Come see how it is made and where it comes from. There will be chocolate to purchase. Meet at the Wildflower, Level 3, Iron Blosam Lodge.

Little Pieces of Snowbird \$2

Take pieces of Snowbird with you in the form of a necklace. Meet at the Wildflower, Level 3, Iron Blosam Lodge.

Painting Outdoors

For ages 14 & up. Paint the great outdoors. Meet at the Wildflower, Level 3, Iron Blosam Lodge.

Snowbird Pictures & Cards \$1.50+

Make your own Snowbird cards. Other items are available for purchase, including photo art, pens, notebooks and other Snowbird & Utah souvenirs. All new look with new pictures and cardstock. Meet at the Wildflower, Level 3, Iron Blosam Lodge.

Energy Jewelry \$

Come learn about different stones for healing and thoughtfulness, energy or courage. There is jewelry to purchase and is all handmade. Meet in the Wildflower, Level 3, Iron Blosam Lodge.

Hiking Essentials & Survival Skills

Get great tips on hiking essentials & survival skills. Meet in the Iron Blosam Lobby.

Make Your Own Snowbird Backpack \$10

Make your own Snowbird backpack. You paint on your own backpack. 20 people per session, only make one per person.

Self Defense for Beginners

Meet in the Wildflower, Level 3, Iron Blosam Lodge.

Learn to Paint \$10

Meet at the Wildflower, Level 3, Iron Blosam Lodge.