


# Recreation Schedule July 14-18, 2025

Monday		Tuesday		Wednesday	
8:00 - 10:30	<b>Morning Hike</b>	8:00 - 11:00	<b>Morning Hike</b>	8:00 - 11:00	<b>Morning Hike</b>
9:00 - 10:00	<b>Yoga</b>	8:15 - 9:00	<b>Managing Stress &amp; Meditation</b>	8:15 - 9:00	<b>Self Defense for Beginners (Wildflower)</b>
10:00 - 11:00	<b>Pool Exercise</b>	9:00- 10:00	<b>Wildflower Hike</b>	9:30 - 11:00	<b>Children's Hike With Craft</b>
10:00 - 11:00	<b>Children's Hike with Story Time</b>	9:00 - 10:00	<b>Calligraphy for Beginners</b>	10:00 - 11:00	<b>Pool Exercise</b>
10:30 - 11:30	<b>Crochet (Lobby)</b>	10:00 - 11:00	<b>Pool Exercise</b>	11:00 - 12:00	<b>Yoga</b>
11:15 - 11:45	<b>Coloring &amp; Storytelling 5-12 Years</b>	10:00 - 11:00	<b>Wood Etchings 14 &amp; Up \$2</b>	11:00 - 12:00	<b>Outside Chalk &amp; Other Games</b>
11:30 - 12:30	<b>Beginning Cribbage</b>	11:00 - 12:00	<b>Yoga</b>	12:30 - 1:15	<b>Energy Jewelry</b>
1:00 - 1:45	<b>Bingo</b>	12:00 - 1:00	<b>Make Your Own Snowbird Backpacks \$</b>	1:00 - 2:00	<b>Golf (no clubs necessary)</b>
2:00 - 2:45	<b>Bingo</b>	2:00 - 3:00	<b>Pickleball</b>	1:00 - 2:00	<b>Geology</b>
3:00 - 3:45	<b>Bingo</b>	3:00 - 4:00	<b>Cribbage</b>	2:00 - 3:00	<b>Make Your Own Snowbird Cards \$</b>
4:00 - 5:00	<b>Five Crowns</b>	3:00 - 4:00	<b>Photography</b>	2:00 - 2:45	<b>Little Pieces of Snowbird \$</b>
4:30 - 5:30	<b>Teen Social</b>	4:00 - 5:00	<b>Duck Tape crafts / Fun card games</b>	2:00 - 3:00	<b>Relaxation &amp; Coloring 14 &amp; Up</b>
				3:00 - 3:45	<b>Knots &amp; Fun 10 &amp; Up (Game Room)</b>
				3:00 - 4:00	<b>Friendship Bracelets 8 &amp; Up \$</b>
Thursday		Friday			
8:00 - 11:00	<b>Morning Hike</b>	8:00 - 12:00	<b>Morning Hike</b>		
8:15 - 9:00	<b>Managing Stress &amp; Meditation</b>				
9:00 - 11:00	<b>Learn to Paint 14 &amp; Up \$ (Wildflower)</b>				
9:30 - 10:30	<b>Yoga Outside (Wildflower)</b>				
10:00 - 11:00	<b>Pool Exercise</b>				
11:30 - 12:30	<b>Kids Games 5-12 Years</b>				
12:00 - 12:30	<b>Take &amp; Make 9-12 Years \$</b>				
12:00 - 1:00	<b>Pickleball</b>				
1:00 - 2:00	<b>Chicken Foot</b>				
1:00 - 2:30	<b>Western Craft \$ (Wildflower)</b>				
2:00 - 3:00	<b>Scavenger Hunt</b>				
3:00 - 4:00	<b>Advanced Cribbage</b>				
3:30 - 4:15	<b>Old Fashioned Water Fight</b>				
		Sunday			
		9:00	<b>LDS Church Service</b> Contact the Front Desk for location		

**QR code  
will be  
available  
at check-in**

Classes fill up fast. Please sign up in advance by scanning the QR code. More info & meeting locations are located on the back of this sheet.

For questions or concerns, please call Ext. 1061 on Monday.

Cliff Club Guests: Please put a 5 in front of your room number.

\$ Credit cards accepted

**Classes fill up fast. Please sign up in advance for activities by using the QR code. All activities are hosted at the Iron Blossam Lodge. The Owners Recreation Team is committed to providing safe & fun activities. Reservations are required for all activities.**

## Hikes

Hikes are weather dependent. Wear sunscreen and appropriate shoes or boots and bring water.

**PLEASE NOTE:** You must drive yourself to the trailhead if the hike does not start from the lodge.

### Morning Hike

Come on a beautiful morning hike with us.

### Children's Hike with Story time (Monday) or Craft (Wednesday)

Meet at the lobby. Parents are welcome. Will end at the lobby. Please bring water and appropriate shoes.

## Children's Activities

### Coloring Snowbird & Story Time

Come color things you might find at Snowbird. Meet at the Board Room, Level 4, Iron Blossam Lodge.

### Friendship Bracelets \$2

For ages 8 & up. Make a bracelet & meet a friend. Meet at the Wildflower, Level 3, Iron Blossam Lodge.

### Take & Make \$2

Come grab a project and take it to your room, or stay and make it with us! Meet at the Wildflower, Level 3, Iron Blossam Lodge.

### Teen Pool Social

For ages 13-19. Get to know other teens staying at the Bird. Come play pool games & enjoy a tasty surprise. Meet at the West Pool, Level 3, Iron Blossam Lodge.

### Outside Chalk

For ages 5-12. Draw with chalk. Meet at the pickleball courts, Iron Blossam Lodge.

## Games in the Wildflower

### Cribbage

Come play and/or learn to play cribbage. Limited to 10 people. Meet at the Wildflower, Level 3, Iron Blossam Lodge.

### Knots & Fun

For ages 10 & up. Using paracord, learn different knots and how to tie them. Meet in the Wildflower, Level 3, Iron Blossam Lodge.

### Golf

Leave your clubs at home. Limited to 10 people. Meet at the Wildflower, Level 3, Iron Blossam Lodge.

### Five Crowns

An intriguing card game. Meet at the Wildflower, Level 3, Iron Blossam Lodge.

### Bingo

A longtime favorite. Spots are limited, sign up early! You may only sign up for 1 session and you must show up with your confirmation number. You may only sign up for your room occupancy and only for your room. Yes, we know what room you are calling from. Meet at the Wildflower, Level 3, Iron Blossam Lodge.

## Relaxation & Exercise

### Yoga

Stretch and relax. Meet at the Wildflower, Level 3, Iron Blossam Lodge.

### Crochet

Come learn to crochet or come and crochet your own project. Meet in the Iron Blossam Lobby.

### Managing Stress & Meditation

Learn some techniques to help cope with daily life as well as help manage stress. Limit 10 people. Meet at the Wildflower, Level 3, Iron Blossam Lodge.

### Pool Exercise

For ages 18 & up. Music with water exercise. Meet at the West Pool, Level 3, Iron Blossam Lodge.

### Relaxation Coloring for Adults

For ages 14 & up. Color beautiful pictures in vibrant colors. Limited to 10 people. Meet at the Board Room, Level 4, Iron Blossam Lodge.

## Outdoor Games & Activities

### Scavenger Hunt

Meet in the Iron Blossam Lobby. Bring your smartphone and go find the pictures.

### Flora & Fauna

Take a short walk around the lodge to identify the flora and fauna. Meet in front of Iron Blossam Lodge.

### Geology

Take a short hike to see some of the geologic features nearby. Meet in front of Iron Blossam Lodge.

### Pickleball

Meet us at the Tennis Courts.

### Volleyball

Meet at the West Pool, Level 3, Iron Blossam Lodge.

### Old Fashioned Water Fight

For ages 9 & up. Be prepared to get soaking wet! Meet at the Tennis Courts, Iron Blossam Lodge.

## Classes

**Calligraphy** For ages 14 & up. Learn & write this ancient art. Meet in the Wildflower, Level 3, Iron Blossam Lodge

### Introduction to Fine Chocolate

Come see how it is made and where it comes from. There will be chocolate to purchase. Meet at the Wildflower, Level 3, Iron Blossam Lodge.

### Little Pieces of Snowbird \$2

Take pieces of Snowbird with you in the form of a necklace. Meet at the Wildflower, Level 3, Iron Blossam Lodge.

### Photography Class

Learn the secrets to taking great pictures with your cellphone. Meet in the Iron Blossam lobby.

### Painting Outdoors

For ages 14 & up. Paint the great outdoors. Meet at the Wildflower, Level 3, Iron Blossam Lodge.

### Snowbird Pictures & Cards \$2+

Make your own Snowbird cards. Other items are available for purchase, including photo art, pens, notebooks and other Snowbird & Utah souvenirs. All new look with new pictures and cardstock. Meet at the Wildflower, Level 3, Iron Blossam Lodge.

### Energy Jewelry \$

Come learn about different stones for healing and thoughtfulness, energy or courage. There is jewelry to purchase and is all handmade. Meet in the Wildflower, Level 3, Iron Blossam Lodge.

### Wood Etching \$2

For ages 14 & up. Come etch some designs on wood pieces. Limited to 10 people. Meet at the Wildflower, Level 3, Iron Blossam Lodge.

### Make Your Own Snowbird Backpack \$10

Make your own Snowbird backpack. You paint on your own backpack. 20 people per session, only make one per person.

### Self Defense for Beginners

Meet in the Wildflower, Level 3, Iron Blossam Lodge.

### Learn to Paint \$10

Meet at the Wildflower, Level 3, Iron Blossam Lodge.