

the cliff club

Recreation Schedule September 15 - 26, 2025

Monday		Tuesday		Wednesday	
8:00 - 10:30	Morning Hike	8:00 - 11:00	Morning Hike	8:00 - 11:00	Morning Hike
9:00 - 10:00	Yoga	8:15 - 9:00	Managing Stress & Meditation	8:15 - 9:00	Self Defense for Beginners
10:00 - 11:00	Pool Exercise	9:00 - 10:00	Wildflower Hike	9:30 - 11:00	Children's Hike with Craft
10:00 - 11:00	Children's Hike with Story Time	9:00 - 10:00	Calligraphy for Beginners	10:00 - 11:00	Pool Exercise
10:30 - 11:30	Crochet (Lobby)	10:00 - 11:00	Pool Exercise	11:00 - 12:00	Yoga
11:15 - 11:45	Coloring & Storytelling 5-12 Years	10:00 - 11:00	Wood Etchings 14 & Up ^{\$2}	12:15 - 1:15	Potluck
11:30 - 12:30	Beginning Cribbage	11:00 - 12:00	Yoga	12:30 - 1:15	Energy Jewelry
1:00 - 1:45	Bingo	12:15 - 1:15	Make Your Own Snowbird Backpacks ^{\$}	1:00 - 2:00	Golf (no clubs necessary)
2:00 - 2:45	Bingo	2:00 - 3:00	Pickleball	1:00 - 2:00	Geology
3:00 - 4:00	Five Crowns	2:00 - 3:00	Beginning Line Dance (Wildflower)	2:00 - 3:00	Make Your Own Snowbird Cards\$
3:30 - 4:30	Pickleball	3:00 - 4:00	Cribbage	2:00 - 2:45	Little Pieces of Snowbird ^{\$}
		3:00 - 4:00	Photography	2:00 - 3:00	Relaxation & Coloring 14 & Up
		4:00 - 5:00	Duck Tape Crafts	3:00 - 3:45	Knots & Fun 10 & Up (game room)
		4:00 - 5:00	Fun Card Games	3:00 - 4:00	Friendship Bracelets 8 & Up ^{\$}
Thursda	y	Friday			
8:00 - 11:00	Morning Hike	8:00 - 12:00	Morning Hike		
8:15 - 9:00	Managing Stress & Meditation	8:00 - 12:00	Morning Hike		
8:15 - 9:00 9:00 - 11:00	Managing Stress & Meditation Learn to Paint 14 & Up ^{\$} (Wildflower)	8:00 - 12:00	Morning Hike		
8:15 - 9:00 9:00 - 11:00 9:30 - 10:30	Managing Stress & Meditation Learn to Paint 14 & Up ^{\$} (Wildflower) Yoga Outside (Wildflower)	8:00 - 12:00	Morning Hike	7	
8:15 - 9:00 9:00 - 11:00 9:30 - 10:30 10:00 - 11:00	Managing Stress & Meditation Learn to Paint 14 & Up ^{\$} (Wildflower) Yoga Outside (Wildflower) Pool Exercise	8:00 - 12:00	Morning Hike		
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8:15 - 9:00 9:00 - 11:00 9:30 - 10:30 10:00 - 11:00 11:30 - 12:30 12:00 - 12:30 12:00 - 1:00 1:00 - 2:00	Managing Stress & Meditation Learn to Paint 14 & Up ^{\$} (Wildflower) Yoga Outside (Wildflower) Pool Exercise Kids Games 5-12 Years Take & Make 9-12 Years Pickleball Chicken Foot	Sunday			Classes fill un fast. Please sign un in activance hy
8:15 - 9:00 9:00 - 11:00 9:30 - 10:30 10:00 - 11:00 11:30 - 12:30 12:00 - 12:30 12:00 - 1:00 1:00 - 2:00 1:00 - 2:30	Managing Stress & Meditation Learn to Paint 14 & Up ^{\$} (Wildflower) Yoga Outside (Wildflower) Pool Exercise Kids Games 5-12 Years Take & Make 9-12 Years Pickleball Chicken Foot Leather Craft ^{\$} (Wildflower)		Morning Hike LDS Church Service Contact the Front Desk for location	OR code	Classes fill up fast. Please sign up in advance by scanning the QR code. More info & meeting locations are located on the back of this sheet.
8:15 - 9:00 9:00 - 11:00 9:30 - 10:30 10:00 - 11:00 11:30 - 12:30 12:00 - 12:30 12:00 - 2:00 1:00 - 2:30 2:00 - 2:30	Managing Stress & Meditation Learn to Paint 14 & Up ^{\$} (Wildflower) Yoga Outside (Wildflower) Pool Exercise Kids Games 5-12 Years Take & Make 9-12 Years Pickleball Chicken Foot Leather Craft ^{\$} (Wildflower) Scavenger Hunt	Sunday	LDS Church Service	QR code will be	scanning the QR code. More info & meeting locations are located on the back of this sheet.
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Classes fill up fast. Please sign up in advance for activities by using the QR code. All activities are hosted at the Iron Blosam Lodge.

The Owners Recreation Team is committed to providing safe & fun activities. Reservations are required for all activities.

Hikes

Hikes are weather dependent. Wear sunscreen and appropriate shoes or boots and bring water.

PLEASE NOTE: You must drive yourself to the trailhead if the hike does not start from the lodge. Minimum 4 people.

Morning Hike

Come on a beautiful morning hike with us.

Children's Hike with Story Time (Mon) or Craft (Wed)

Parents are welcome. Will end at the lobby. Please bring water and appropriate shoes. Meet in the Iron Blosam Lobby.

Children's Activities

Coloring Snowbird & Story Time

Come color things you might find at Snowbird. Meet at the Board Room, Level 4, Iron Blosam Lodge.

Friendship Bracelets \$2

For ages 8 & up. Make a bracelet & meet a friend. Meet at the Wildflower, Level 3, Iron Blosam Lodge.

Take & Make \$2

Come grab a project and take it to your room, or stay and make it with us! Meet at the Wildflower, Level 3, Iron Blosam Lodge.

Outside Chalk & Other Games

For ages 5-12. Draw with chalk and play games. Meet at the pickleball courts, Iron Blosam Lodge.

Leather Crafts

Make leather items. Meet at the Wildflower, Level 3, Iron Blosam Lodge.

Games in the Wildflower

Cribbage

Come play and/or learn to play cribbage. Limited to 10 people. Meet at the Wildflower, Level 3, Iron Blosam Lodge.

Knots & Fun

For ages 10 & up. Using paracord, learn different knots and how to tie them. Meet in the Wildflower, Level 3, Iron Blosam Lodge.

Aerodynamics for Everyone

Making flying things. Meet in the Wildflower, Level 3, Iron Blosam Lodge.

Golf

Leave your clubs at home. Limited to 10 people. Meet at the Wildflower, Level 3, Iron Blosam Lodge.

Five Crowns

An intriguing card game. Meet at the Wildflower, Level 3, Iron Blosam Lodge.

Bingo

A longtime favorite. Spots are limited, sign up early! You may only sign up for 1 session and you must show up with your confirmation number. You may only sign up for your room occupancy and only for your room. Yes, we know what room you are calling from. Meet at the Wildflower, Level 3, Iron Blosam Lodge.

Fun Card Games

Join us in the best card games. Meet at the Wildflower, Level 3, Iron Blosam Lodge.

Dominos

Come play some Dominos with us . We have Chicken foot, Mexican Train, Straight Dominos & other fun games. Meet at the Wildflower, Level 3, Iron Blosam Lodge.

Relaxation & Exercise

Yoga

Stretch and relax. Meet at the Wildflower, Level 3, Iron Blosam Lodge.

Crochet

Come learn to crochet or come and crochet your own project. Meet in the Iron Blosam Lobby.

Managing Stress & Meditation

Learn some techniques to help cope with daily life

as well as help manage stress. Limit 10 people. Meet at the Wildflower, Level 3, Iron Blosam Lodge.

Pool Exercise

For ages 18 & up. Music with water exercise. Meet at the West Pool, Level 3, Iron Blosam Lodge.

Relaxation Coloring for Adults

For ages 14 & up. Color beautiful pictures in vibrant colors. Limited to 10 people. Meet at the Board Room, Level 4, Iron Blosam Lodge.

Pot Luck Lunch

Bring something to share. Salad, dessert or entree. Meet in the Wildflower, Level 3, Iron Blosam Lodge.

Outdoor Games & Activities

Scavenger Hunt

Meet in the Iron Blosam Lobby. Bring your smartphone and go find the pictures.

Flora & Fauna

Take a short walk around the lodge to identify the flora and fauna. Meet in front of Iron Blosam Lodge.

Geology

Take a short hike to see some of the geologic features nearby. Meet in front of Iron Blosam Lodge.

Pickleball

Meet us at the Tennis Courts.

Volleyball

Meet at the West Pool, Level 3, Iron Blosam Lodge.

Old Fashioned Water Fight

For ages 9 & up. Be prepared to get soaking wet! Meet at the Tennis Courts, Iron Blosam Lodge.

Kickball

For ages 9 & up. Meet at the pickleball courts.

Classes

Calligraphy

For ages 14 & up. Learn & write this ancient art. Meet at the Wildflower, Level 3, Iron Blosam Lodge.

Duck Tape Class

Come make a a fun craft out of Duck tape. Meet at the Wildflower, Level 3, Iron Blosam Lodge.

Little Pieces of Snowbird \$2

Take pieces of Snowbird with you in the form of a necklace. Meet at the Wildflower, Level 3, Iron Blosam Lodge.

Photography Class

Learn the secrets to taking great pictures with your cellphone. Meet in the Iron Blosam lobby.

Painting Outdoors \$10

For ages 14 & up. Paint the great outdoors. Meet at the Wildflower, Level 3, Iron Blosam Lodge.

Snowbird Pictures & Cards \$2+

Make your own Snowbird cards. Other items are available for purchase, including photo art, pens, notebooks and other Snowbird & Utah souvenirs. All new look with new pictures and cardstock. Meet at the Wildflower, Level 3, Iron Blosam Lodge.

Energy Jewelry \$

Come learn about different stones for healing and thoughtfulness, energy or courage. There is jewelry to purchase and is all handmade. Meet in the Wildflower, Level 3, Iron Blosam Lodge.

Wood Etching \$2

For ages 14 & up. Come etch some designs on wood pieces. Limited to 10 people. Meet at the Wildflower, Level 3, Iron Blosam Lodge.

Make Your Own Snowbird Backpack \$10

Make your own Snowbird backpack. You paint on your own backpack. 20 people per session, only make one per person.

Self Defense for Beginners

Meet in the Wildflower, Level 3, Iron Blosam Lodge.

Learn to Paint \$20

Meet at the Wildflower, Level 3, Iron Blosam Lodge.