

QR code will be available at check-in

Classes fill up fast. Please sign up in advance by scanning the QR code. More info & meeting locations are located on the back of this sheet. For questions or concerns, please call Ext. 1061 on Monday.

Cliff Club Guests: Please put a 5 in front of your room number.

\$ Credit cards accepted

### **MONDAY**

8:00 - 10:30 Morning Hike

9:00 - 10:00 Yoga

10:00 - 11:00 Pool Exercise

10:00 - 11:00 Children's Hike with Story Time

10:30 - 11:30 Crochet

11:15 - 11:45 Coloring & Storytelling 5-12 Years

11:30 - 12: 30 Beginning Cribbage

12:00 – 1:00 Aerodynamics for Everyone

1:00 - 1:45 Bingo

1:00 - 2:00 Uno, House Rules

2:00 - 2:45 Bingo

3:00 - 4:00 Five Crowns

3:00 – 4:00 Pickleball Or game room If (Inclement weather)

#### **TUESDAY**

8:00 - 11:00 Morning Hike

8:15 – 9:00 Managing Stress & Meditation

9:00 - 10:00 Nature Hike

9:00 - 10:00 Calligraphy for Beginners

10:00 - 11:00 Pool Exercise

10:00 - 11:00 Wood Etchings \$

11:00 - 12:00 Yoga

12:15 - 1:15 Make Your Own Snowbird Backpack \$

2:00 – 3:00 Pickleball or game Room If (Inclement weather)

2:00 - 3:00 Beginning Line Dance

3:00 - 4:00 Cribbage

3:00 - 4:00 Photography

4:00---5:00 Duct tape Craft \$

#### **WEDNESDAY**

11:00 - 12:00 Yoga

11:00 - 2:00 Morning Hike

12:30 – 1:15 Energy Jewelry

1:00 - 2:00 Geology

2:00-300 Self Defense for Beginners

2:00 - 3:00 Make Your Own Snowbird Cards \$

2:00 - 2:45 Little Pieces of Snowbird \$

2:00 - 3:00 Relaxation & Coloring, 14 & Up

3:00 - 3:45 Knots & Fun, 10 & Up

3:00 - 4:00 Friendship Bracelets, 8 & Up \$

#### **THURSDAY**

8:00 - 11:00 Morning Hike

8:15 – 9:00 Managing Stress & Meditation

9:00 - 11:00 Learn to Paint, 14 & Up \$

9:30 - 10:30 Yoga

10:00 - 11:00 Pool Exercise

11:30 - 12:30 Kid's Games, 5-12 Years

12:00 - 12:30 Take & Make. 9-12 Years \$

12:00 - 1:00 Pickleball

1:00 - 2:00 Chicken Foot

1:00 - 2:30 Leather Craft \$

2:00 - 2:30 Scavenger Hunt

2:00 - 3:00 Line Dancing

3:00 - 4:00 Advanced Cribbage

3:30 – 4:15 Kickball or (game room if Inclement weather)

**FRIDAY** 

8:00 - 12:00 Morning Hike

### **SUNDAY**

9:00 LDS Church Service, Contact Front Desk for Location

Oct. 20-24, 2025



# Classes fill up fast. Please sign up in advance for activities by using the QR code. All activities are hosted at the Iron Blosam Lodge. The Owners Recreation Team is committed to providing safe & fun activities. Reservations are required for all activities.

#### **HIKES**

Hikes are weather dependent. Wear sunscreen and appropriate shoes or boots and bring water. *PLEASE NOTE*: You must drive yourself to the trailhead if the hike does not start from the lodge. Minimum 4 people.

#### **Morning Hike**

Come on a beautiful morning hike with us.

## Children's Hike with Story Time (Mon) or Craft (Wed)

Parents are welcome. Will end at the lobby. Please bring water and appropriate shoes. Meet in the Iron Blosam Lobby.

#### **CHILDREN'S ACTIVITIES**

#### **Coloring Snowbird & Story Time**

Come color things you might find at Snowbird. Meet at the Board Room, Level 4, Iron Blosam Lodge.

#### Friendship Bracelets \$2

For ages 8 & up. Make a bracelet & meet a friend. Meet at the Wildflower, Level 3, Iron Blosam Lodge.

#### Take & Make \$2

Come grab a project and take it to your room, or stay and make it with us! Meet at the Wildflower, Level 3. Iron Blosam Lodge.

#### **Outside Chalk & Other Games**

For ages 5-12. Draw with chalk and play games. Meet at the pickleball courts, Iron Blosam Lodge.

#### Leather Crafts

Make leather items. Meet at the Wildflower, Level 3, Iron Blosam Lodge. 14 and up.

### GAMES IN THE WILDFLOWER Cribbage

Come play and/or learn to play cribbage. Limited to 10 people. Meet at the Wildflower, Level 3, Iron Blosam Lodge.

#### Knots & Fun

For ages 10 & up. Using paracord, learn different knots and how to tie them. Meet in the Wildflower, Level 3, Iron Blosam Lodge.

#### Aerodynamics for Everyone

Making flying things. Meet in the Wildflower, Level 3, Iron Blosam Lodge.

#### Golf

Leave your clubs at home. Limited to 10 people. Meet at the Wildflower, Level 3, Iron Blosam Lodge.

#### **Five Crowns**

An intriguing card game. Meet at the Wildflower, Level 3, Iron Blosam Lodge.

#### Bingo

Spots are limited, sign up early! You may only sign up for 1 session and you must show up with your confirmation number. You may only sign up for your room occupancy and only for your room. Meet at the Wildflower, Level 3, Iron Blosam Lodge.

#### **Fun Card Games**

Join us in the best card games. Meet at the Wildflower, Level 3, Iron Blosam Lodge.

#### **Dominos**

We have Chicken foot, Mexican Train, Straight Dominos & other fun games. Meet at the Wildflower, Level 3, Iron Blosam Lodge.

#### **RELAXATION & EXERCISE**

#### Yoga

Stretch and relax. Meet at the Wildflower, Level 3, Iron Blosam Lodge.

#### Crochet

Come learn to crochet or come and crochet your own project. Meet in the Iron Blosam Lobby.

#### **Managing Stress & Meditation**

Learn some techniques to help cope with daily life as well as help manage stress. Limit 10 people. Meet at the Wildflower, Level 3, Iron Blosam Lodge.

#### **Pool Exercise**

For ages 18 & up. Music with water exercise. Meet at the West Pool, Level 3. Iron Blosam Lodge.

#### **Relaxation Coloring for Adults**

For ages 14 & up. Color beautiful pictures in vibrant colors. Limited to 10 people. Meet at the Board Room, Level 4, Iron Blosam Lodge.

#### Pot Luck Lunch

Bring something to share. Salad, dessert or entree. Meet in the Wildflower, Level 3, Iron Blosam Lodge.

#### **OUTDOOR GAMES & ACTIVITIES**

#### Scavenger Hunt

Meet in the Iron Blosam Lobby. Bring your smartphone and go find the pictures.

#### Flora & Fauna

Take a short walk around the lodge to identify the flora and fauna. Meet in front of Iron Blosam Lodge.

#### Geology

Take a short hike to see some of the geologic features nearby. Meet in front of Iron Blosam Lodge.

#### **Pickleball**

Meet us at the Tennis Courts.

#### Vollevball

Meet at the West Pool, Level 3, Iron Blosam Lodge.

#### **Old Fashioned Water Fight**

For ages 9 & up. Be prepared to get soaking wet! Meet at the Tennis Courts, Iron Blosam Lodge.

#### Kickball

For ages 9 & up. Meet at the pickleball courts.

#### **CLASSES**

#### Calligraphy

For ages 14 & up. Learn & write this ancient art. Meet at the Wildflower, Level 3, Iron Blosam Lodge.

#### **Duck Tape Class**

Come make a a fun craft out of Duck tape. Meet at the Wildflower, Level 3, Iron Blosam Lodge \$2

#### Little Pieces of Snowbird \$2

Take pieces of Snowbird with you in the form of a necklace. Meet at the Wildflower, Level 3, Iron Blosam Lodge.

#### **Photography Class**

Learn the secrets to taking great pictures with your cellphone. Meet in the Iron Blosam lobby.

#### **Painting Outdoors \$10**

For ages 14 & up. Paint the great outdoors. Meet at the Wildflower, Level 3, Iron Blosam Lodge.

#### Snowbird Pictures & Cards \$2+

Make your own Snowbird cards. Other items are available for purchase, including photo art, pens, notebooks and other

Snowbird & Utah souvenirs. All new look with new pictures and cardstock. Meet at the Wildflower, Level 3, Iron Blosam Lodge.

#### **Energy Jewelry \$**

Come learn about different stones for healing and thoughtfulness, energy or courage. There is jewelry to purchase and is all handmade. Meet in the Wildflower, Level 3, Iron Blosam Lodge.

#### Wood Etching \$2

For ages 14 & up. Come etch some designs on wood pieces. Limited to 10 people. Meet at the Wildflower, Level 3, Iron Blosam Lodge.

#### Make Your Own Snowbird Backpack \$10

Make your own Snowbird backpack. You paint on your own backpack. 20 people per session, only make one per person.

#### **Self Defense for Beginners**

Meet in the Wildflower, Level 3, Iron Blosam Lodge.

#### Learn to Paint \$20

Meet at the Wildflower, Level 3, Iron Blosam Lodge