

Recreation Schedule

QR code
will be
available
at check-in

Classes fill up fast. Please sign up in advance by scanning the QR code. More info & meeting locations are located on the back of this sheet.
For questions or concerns, please call Ext. 1061 on Monday.
Cliff Club Guests: Please put a 5 in front of your room number.

\$ Credit cards accepted

MONDAY

8:00-10:30 Morning Hike
9:00-10:00 Yoga
10:00-11:00 Pool Exercise
10:00-11:45 Crochet
11:00-12:00 Kids Hike with Story
11:30-12:30 Beginning Cribbage
12:00-12:45 Aerodynamics for Everyone
1:00-1:45 Bingo
2:00-2:45 Bingo
3:00-3:45 Bingo
4:00-5:00 Five Crowns
4:30-5:00 Teen Social Swim (west pool)

TUESDAY

8:00-11:00 Morning Hike
8:00-8:45 EZ Ti Chi
8:15-9:00 Managing Stress & Meditation
9:00-10:00 Calligraphy for Beginners
10:00-11:00 Pool Exercise
10:00-11:00 Wood Etchings
11:00-11:45 Jewelry making (14 and up) \$
12:15-1:15 Yoga
12:00-1:00 Pickleball
1:15-2:15 Make Snowbird Backpack \$
2:00-3:00 Photography
2:30-3:30 Beginning Line Dance
3:30-4:30 Cribbage
3:30-4:30 Duct tape Craft \$

WEDNESDAY

8:00-10:30 Morning Hike
8:00-8:45 EZ Ti Chi
8:15-9:00 Self Defense for Beginner
9:30-10:30 Yoga
10:00-11:00 Pool Exercise
11:00-12:00 Children Hike and Craft
12:30-1:15 Energy Jewelry
1:30-2:30 Make Snowbird Cards \$
2:00-2:30 Little Pieces of Snowbird \$
2:00-3:00 Relaxation & Coloring, 14 & Up
3:00-3:45 Knots & Fun, 10 & Up
3:00-4:00 Friendship Bracelets, 8 & up \$

THURSDAY

8:00-11:00 Morning Hike
8:00-8:45 EZ Ti Chi
8:15-9:00 Managing Stress & Meditation
9:00-11:00 Learn to Paint, 14 & up \$
10:00-11:00 Pool Exercise
11:30-12:30 Yoga
11:30-12:30 Coloring & Storytelling 5-12 Years
12:00-1:00 Pickleball. (tennis courts)
1:30-2:30 Paracord Key chains \$
2:00-2:30 Scavenger Hunt
2:00-3:00 Line Dancing
2:30-3:00 Take & Make, 9-12 Years \$
3:00-3:45 Old Fashioned Water Fight 9-99Years

FRIDAY

8:00-12:00 Morning Hike

SUNDAY

9:00 LDS Church Service, Contact Front Desk for Location



Classes fill up fast. Please sign up in advance for activities by using the QR code. All activities are hosted at the Iron Blossam Lodge. The Owners Recreation Team is committed to providing safe & fun activities. Reservations are required for all activities.

HIKES

Hikes are weather dependent. Wear sunscreen and appropriate shoes or boots and bring water. **PLEASE NOTE:** You must drive yourself to the trailhead if the hike does not start from the lodge. Minimum 4 people.

Morning Hike

Come on a beautiful morning hike with us.

Children's Hike with Story Time (Wed)

Parents or guardians are required. Meet in the lobby...

CHILDREN'S ACTIVITIES

Coloring Snowbird & Story Time

Come color things you might find at Snowbird. Meet at the Board Room, Level 4, Iron Blossam Lodge.

Friendship Bracelets \$2

For ages 8 & up. Make a bracelet & meet a friend. Meet at the Wildflower, Level 3, Iron Blossam Lodge.

Take & Make \$2

Come grab a project and take it to your room or stay and make it with us! Meet at the Wildflower, Level 3, Iron Blossam Lodge.

Outside Chalk & Other Games

For ages 5-12. Draw with chalk and play games. Meet at the pickleball court, Iron Blossam Lodge.

Leather Crafts

Make leather items. Meet at the Wildflower, Level 3, Iron Blossam Lodge. 14 and up

GAMES IN THE WILDFLOWER

Cribbage

Come play and/or learn to play cribbage. Limited to 10 people. Meet at the Wildflower, Level 3, Iron Blossam Lodge.

Knots & Fun

For ages 10 & up. Using paracord, learn different knots and how to tie them. Meet in the Wildflower, Level 3, Iron Blossam Lodge.

Aerodynamics for Everyone

Making flying things. Meet in the Wildflower, Level 3, Iron Blossam Lodge.

Golf

Leave your clubs at home. Limited to 10 people. Meet at the Wildflower, Level 3, Iron Blossam Lodge. . Fun card game.

Five Crowns

An intriguing card game. Meet at the Wildflower, Level 3, Iron Blossam Lodge.

Bingo

Spots are limited, sign up early! You may only sign up for 1 session, and you must show up with your confirmation number. You may only sign up for your room occupancy and only for your room. Meet at the Wildflower, Level 3, Iron Blossam Lodge.

Fun Card Games

Join us in the best card games. Meet at the Wildflower, Level 3, Iron Blossam Lodge.

Dominos

We have Chicken foot, Mexican Train, Straight Dominos & other fun games. Meet at the Wildflower, Level 3, Iron Blossam Lodge.

RELAXATION & EXERCISE

Yoga

Stretch and relax. Meet at the Wildflower, Level 3, Iron Blossam Lodge.

Crochet

Come learn to crochet or come and crochet your own project. Meet in Iron Blossam Lobby.

Managing Stress & Meditation

Learn some techniques to help cope with daily life as well as help manage stress. Limit 10 people. Meet at the Wildflower, Level 3, Iron Blossam Lodge.

Pool Exercise

For ages 18 & up. Music with water exercise. Meet at West Pool, Level 3, Iron Blossam Lodge.

Relaxation Coloring for Adults

For ages 14 & up. Color beautiful pictures in vibrant colors. Limited to 10 people. Meet at the Board Room, Level 4, Iron Blossam Lod

OUTDOOR GAMES & ACTIVITIES

Scavenger Hunt

Meet in Iron Blossam Lobby. Bring your smartphone and go find the pictures.

Flora & Fauna

Take a short walk around the lodge to identify the flora and fauna. Meet in front of Iron Blossam Lodge.

EZ Ti Chi

Meet in the wildflower. Good exercise has a low impact.

Pickleball

Meet us at the Tennis Courts.

Volleyball

Meet at West Pool, Level 3, Iron Blossam Lodge.

Old Fashioned Water Fight

For ages 9 & up. Be prepared to get soaking wet! Meet us at the Tennis Courts, Iron Blossam Lodge.

Kickball

For ages 9 & up. Meet at the pickleball courts.

CLASSES

Calligraphy

For ages 14 & up. Learn & write this ancient art. Meet at the Wildflower, Level 3, Iron Blossam Lodge.

Duct Tape Class

Come make a fun craft out of Duct tape. Meet at the Wildflower, Level 3, Iron Blossam Lodge. \$2

Little Pieces of Snowbird \$2

Take pieces of Snowbird with you in the form of a necklace. Meet at the Wildflower, Level 3, Iron Blossam Lodge.

Photography Class

Learn the secrets of taking great pictures with your cellphone. Meet us in the Iron Blossam lobby.

Painting for Beginners \$10

For ages 14 & up. Paint.. Meet at the Wildflower, Level 3, Iron Blossam Lodge.

Snowbird Pictures & Cards \$2+

Make Snowbird cards. Other items are available. Snowbird & Utah souvenirs. All new look with new pictures and cardstock. Meet at the Wildflower, Level 3, Iron Blossam Lodge.

Energy Jewelry \$

Come learn about different stones for healing and thoughtfulness, energy or courage. There is jewelry to purchase and is all handmade. Meet in the Wildflower, Level 3, Iron Blossam Lodge.

Wood Etching \$2

For ages 14 & up. Come etch some designs on wood pieces. Limited to 10 people. Meet at the Wildflower, Level 3, Iron Blossam Lodge.

Make Snowbird Backpack \$10

Make your own Snowbird backpack. You paint on your own backpack. 20 people per session, only one per person.

Self Defense for Beginners

Meet in the Wildflower, Level 3, Iron Blossam Lodge

Jewelry Making

Glass Beads. \$5-\$10 Meet in the Wildflower of Iron Blossam. 14 and up

Making your own Glass Bead Jewelry

Come create beautiful jewelry. Wildflower \$5-\$10

Old Fashioned Water Fight

Meet at the Tennis Courts. Be prepared to get wet, 9-99 yrs.